

RB WRESTLING CLUB PRESENTS:
5TH ANNUAL LITTLE TYKE AND BEGINNER CAMP

LED BY: RB HEAD COACH JOE EDDIE TERRIBILINI

AND RANCHO BERNARDO VARSITY WRESTLERS

THIS CAMP IS DESIGNED TO INTRODUCE
KIDS TO THE SPORT OF WRESTLING.

JUNE 21TH- JUNE 23RD

1- 3 PM EACH DAY

COST: \$150

Ages 5-14 Welcome!

All Payments done online!

[Register here](#)

(Google Chrome works better for link)

Secure your spot ASAP!!!

CAMP DIRECTOR: JOE EDDIE TERRIBILINI

HEAD COACH

RANCHO BERNARDO HIGH SCHOOL



ALL SESSIONS WILL BE HELD IN THE:

RANCHO BERNARDO WRESTLING ROOM

13010 PASEO LUCIDO

SAN DIEGO CA 92128

What type of kid should wrestle?

There are several incredible benefits to wrestling. The great thing is that many different sizes and styles can have success at wrestling. Athleticism and a natural “scrappiness” can certainly help, but most of the success in wrestling is rewarded through hard work.

Why Kids Should Wrestle - From Level Up
Wrestling Center

Below are just a few reasons why kids should wrestle:

1. **Anyone can do it**
2. **Everyone gets to participate**
3. **They learn valuable life lessons:**
 - **Personal accountability**
 - **Don't give up when things get hard**
 - **How to handle adversity**
 - **How to perform**
4. **Real confidence is built**
5. **Incredible conditioning**
6. **Great for other**
7. **Energy outlet**
8. **Competitiveness**
9. **FUN**

FULL WRITE UP on

www.rbwrestling.org



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