

RB Colts (Xtreme and Futures) YOUTH WRESTLING

Summer Session
June 13th-August 13th
NOTE: No Practice: July 4th
And July 17th-July 31st



Competitions:
July 2nd and 3rd Battle on the
Midway
July 16th California State Games

WHO: Open to all beginner and intermediate level kids in grades K thru 8

PRACTICES: Monday and Wednesday

- **Ages 5 to 7** practice from 5:30 to 7:00pm
- **Ages 8 to 14** practice from 5:30 to 7:00pm

WHERE: Wrestling Room @ RBHS, 13010 Paseo Lucido, 92128

- Learn the fundamentals of folkstyle wrestling in a fun, safe and competitive environment
- Develop wrestling skills, agility & strength thru technique sessions and live wrestling
 - Membership Cost \$200 with code: ColtsSummer

SUMMER SESSION STARTS June 13th

REGISTRATION IS OPEN

<https://rbwrestling.sportngin.com/register/form/044111600>

SPACE IS LIMITED TO MAXIMIZE COACHING

Send Questions to: jterribilini@powayusd.com

Offered by the Rancho Bernardo Wrestling Club, a 501(c)(3) Non-Profit Org