

RB WRESTLING CLUB PRESENTS:  
8<sup>TH</sup> ANNUAL LITTLE TYKE AND BEGINNER CAMP

LED BY: RB HEAD COACH JOE EDDIE TERRIBILINI

AND RANCHO BERNARDO VARSITY WRESTLERS

THIS CAMP IS DESIGNED TO INTRODUCE  
KIDS TO THE SPORT OF WRESTLING.

JULY 15<sup>TH</sup>- JULY 17<sup>TH</sup>

1- 3 PM EACH DAY

COST: \$175

Ages 5-14 Boys and Girls Welcome!

All Payments done online!

Register here:

<https://rbwrestling.sportngin.com/register/form/903915483>

**(Google Chrome works better for link)**

Secure your spot ASAP!!!

CAMP DIRECTOR: JOE EDDIE TERRIBILINI

HEAD COACH

RANCHO BERNARDO HIGH SCHOOL



*ALL SESSIONS WILL BE HELD IN THE:*

RANCHO BERNARDO WRESTLING ROOM

13010 PASEO LUCIDO

SAN DIEGO CA 92128



## What type of kid should wrestle?

There are several incredible benefits to wrestling. The great thing is that many different sizes and styles can have success at wrestling. Athleticism and a natural "scrappiness" can certainly help, but most of the success in wrestling is rewarded through hard work.

Why Kids Should Wrestle - From Level Up  
Wrestling Center

Below are just a few reasons why kids should wrestle:

1. **Anyone can do it**
2. **Everyone gets to participate**
3. **They learn valuable life lessons:**
  - **Personal accountability**
  - **Don't give up when things get hard**
  - **How to handle adversity**
  - **How to perform**
4. **Real confidence is built**
5. **Incredible conditioning**
6. **Great for other**
7. **Energy outlet**
8. **Competitiveness**
9. **FUN**

FULL WRITE UP on

[www.rbwrestling.org](http://www.rbwrestling.org)



For More information Contact:

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